Auricular Acupuncture Training
Acudetox for addictions prevention and treatment providers
COST: $400 for early registration before Dec 1

Fulfills educational requirements for therapists/nurses/health workers to become Certified in New Mexico, Colorado, Texas and Arizona as Acupuncture Detoxification Specialists

WHAT WILL STUDENTS LEARN?
How to apply a standardized ear acupuncture protocol and establish community-supported services to treat addictions, stress, anxiety, PTSD, depression, and psychological and emotional trauma.

WHO WILL CONDUCT THE TRAININGS?
Crossroads Acupuncture: Ryan Bemis, DOM, RT
Red Root Acupuncture: Arlo Starr, DOM
UNM Faculty: Krishna Chari, PsyD & Lucia Darlach, PhD

“Acu-detox is cheap and a very effective on-the-ground treatment modality when coupled with other psychosocial interventions.”

-State of New Mexico, Governor Richardson's Task Force on Prison Reform, 2008

For more information on receiving training or integrating ear acupuncture services into your health program, contact:
Ryan Bemis, Director of Crossroads Community Supported Healthcare
575 936-0200 130 S. Main, Las Cruces, NM  crossroadsacu@gmail.com
about acudetox
Auricular acupuncture or Acudetox can help reduce cravings, insomnia, drug dreams, anxiety and depression during addictions withdrawal, as part of prevention for at risk groups, and can be used to help prevent relapse. Acudetox is extremely cost-effective and safe and has no medication interactions or adverse side-effects. It is applied internationally within psychiatric care, as well as humanitarian aid/disaster relief. This training will prepare students to practice in all types of settings.

How does it work? This style of acupuncture is known to activate the vagus nerve. It also stimulates the release of endorphins, the body’s natural opiates, and helps regulate serotonin and dopamine, the brain chemicals involved with addiction. It provides deep relaxation and helps restore internal harmony, which supports the patient in their own process of recovery. Research supports the use of Acudetox to improve retention rates, reduce program costs and reduce recidivism.

about the Training
Crossroads Acupuncture, a 501-c-3 organization has trained over a 130 people in Acudetox since 2011, and has helped communities in the border region provide over 50,000 treatments. This course contributes to the qualifications necessary to use this technique to treat addictions in the US. It is the 3-day 30 hour didactic portion of acudetox training. An in-class practicum will be provided as part of this training. After training, we support students up until NM certification, including support for completing a 40 hour supervised internship. Program support for starting an acudetox clinic is also included as part of the cost of the training. The cost also covers training materials, a manual, NADA US certification, a NADA membership for one year, and support until certification. See registration form for more details. The training will be limited to 20 students.

Please email questions or your completed registration form to crossroadsacu@gmail.com

eligibility for training
New Mexico permits Auricular Detoxification Specialists (ADS) to practice within established substance use treatment or prevention programs with periodic supervision by a NM licensed Doctor of Oriental Medicine. By law in NM, Certified ADS may only practice within a substance-use, treatment or prevention program. Supervision is required every 6 weeks for the first full year by a NM licensed Doctor of Oriental Medicine. ADSes must have a GED and not have been convicted of a crime within the past two years. No other professional license is required for ADS eligibility in NM. Texas ADSes can also work in addictions treatment. In Texas, by law, a Certified ADS must also hold a license as a psychologist, professional counselor, social worker, addictions counselor. ADSes in Colorado must be licensed professionals as well but have a broader scope of practice.

about the supervised internship
A supervised internship of 40 patient/treatments is required as part of the NADA US/Canada and the NM state requirements for certification. Your internship supervisor will be assigned at the training, he/she will provide direction in completing the internship. NM and TX are fortunate to have several programs that are open to working with interns in Albuquerque. There are supervisors in Roswell, Albuquerque, Santa Fe, Española, Las Cruces, El Paso, and Taos areas. Please contact Crossroads director, Ryan Bemis, if you are outside these areas.

about the trainer
Ryan Bemis DOM, MAOM is a NADA registered trainer and is certified by the state of New Mexico as a Doctor of Oriental Medicine and an acudetox supervisor. Ryan has been working internationally with NADA as a consultant, writer and advocate since 2007. With previous experience working as an addictions counselor, Ryan is director of Crossroads Community Supported Healthcare in Las Cruces and co-founder of the the NADA Border Project in Mexico.
National Acupuncture Detoxification Association
Acudetox Training
Registration Form

Name: _________________________________ Email: ________________________________
Address: __________________________________ City: _____________________________
State: __________ Zip: __________ Phone: ________________________________
Organization: ___________________________ Position: _____________________________
Highest Level of Education: _______________________ License(s): ______________________

Include the following documents with your registration:
- A copy of your Resume or a list of positions you have held;
- A copy of your current state license(s);
- A copy of your GED or highest degree;
- A copy of your clinical malpractice insurance cover page

At which organization do you plan to practice acudetox ____________________________

Signature of Program Director _________________________________________________
Printed Name of Program Director _____________________________________________

Is this a □ treatment, □ prevention, or □ harm reduction program?

Note: By New Mexico Law, Certified ADSs may only practice within a board-approved substance use treatment, prevention or harm reduction program with supervision at least every 6 weeks for one full year by a NM licensed Doctor of Oriental Medicine. Certified ADSs must have a GED and not have been convicted of a crime within the past two years.

In Texas, by law, a Certified ADS must also hold a license as a psychologist, professional counselor, social worker, addictions counselor

Supervised internship of 40 clients.
- All programs need to be approved by Crossroads. Internship supervisors will be assigned by Crossroads, available throughout the state of New Mexico and Texas as well as Mexico
- If you live/work outside of Albuquerque, Las Cruces, El Paso, Roswell, El Paso, Santa Fe or Taos areas please check here: □

COSTS:

1. NADA Didactic Training Part 1  (30 hours, didactic only, includes materials, insurance, support in locating supervisor and for the process of state and national certification, the cost for NADA membership and certification, and subscription to Guidepoints: News from NADA for 1 yr)
   Cost: early registration before Dec 1: $400; Late registration: $475

2. NADA Training Part 2  (Supervised Internship)
   Cost: Payment arranged with supervisor

Please send a deposit of $250 to secure your place.
Refund at 90% will be given up until December 1st Cancellation after Dec 1st will not receive a refund. If you are paying by PO or later check, cancellation policy still applies.

Please make checks out to Crossroads Acupuncture. Please mail this form with all documents and deposit to:
Crossroads Acupuncture, 130 S. Main, Las Cruces, NM 88001
Or email all to crossroadsacu@gmail.com  575-312-6569